

# Emergency Aid Staged Activity Badge

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## Emergency Aid – stage 1

How to earn your badge

Show you understand all of the actions listed.

Explain to your leader or another adult about:

- the importance of getting help
- what to say when you call 999
- helping someone who is unconscious
- helping someone who is bleeding
- reassuring someone at the scene of an emergency.



## Emergency Aid – stage 2

How to earn your badge

Show you understand all of the actions listed under each number.

1. Explain to your leader or another adult about:
  - the importance of getting help
  - what to say when you call 999
  - reassuring someone at the scene of an emergency.
2. Explain how to help someone who:
  - is unconscious
  - is bleeding
  - has a burn
  - is having an asthma attack.

## Emergency Aid – stage 3

How to earn your badge

You will need to take part in around two to three hours of training, which should be taught by an adult with relevant knowledge.

1. Explain to your leader or another adult about how to call 999.
2. Explain how you help someone who:
  - is unconscious
  - is unconscious and not breathing
  - is bleeding
  - has a burn
  - has heat exhaustion
  - has hypothermia
  - is choking
  - is having an asthma attack.

## Emergency Aid – stage 4

How to earn your badge

You will need to take part in around three to six hours of training, which should be taught by an adult with relevant knowledge.

1. Explain to your leader or another adult about how to call 999.
2. Explain how you help someone who:
  - is unconscious
  - is unconscious and not breathing
  - is bleeding
  - has a burn
  - has heat exhaustion
  - has hypothermia
  - is choking
  - is having an asthma attack
  - is having a heart attack
  - has a head injury
  - has a suspected spinal injury
  - has a broken bone
  - has a sprain or strain
  - has meningitis.

## Emergency Aid – stage 5

How to earn your badge

You will need to take part in around six to eight hours of training, which should be taught by an adult with relevant knowledge.

1. Explain to your leader or another adult about how to call 999.
2. Explain how you help someone who:
  - is unconscious
  - is unconscious and not breathing
  - is bleeding
  - has a burn
  - has heat exhaustion
  - has hypothermia
  - is choking
  - is having an asthma attack
  - is having a heart attack
  - has a head injury
  - has a suspected spinal injury
  - has a broken bone
  - has a sprain or strain
  - has meningitis
  - is having a stroke
  - is experiencing a diabetic emergency
  - is having a severe allergic reaction
  - is having a seizure.