

# Eats.

## Week 1

### Week One commencing:

26th April 2021, 17th May 2021,

14th June 2021, 5th July 2021

### Monday

Margherita Pizza  
with Herb Diced Potatoes  
Or  
Vegetarian Pasta Bolognese

Side Salad  
Peas and Sweetcorn

Strawberry Whip  
& Shortbread

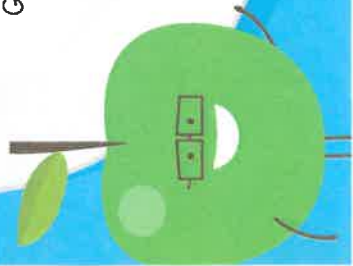


### Wednesday

Sausage Roll  
& Herb Diced Potato  
Or  
Tomato & Vegetable Pasta with Garlic  
slice

Garden Peas & Carrots

Chocolate Crunch  
& Chocolate Sauce



### Thursday

Traditional Roast Beef  
Yorkshire Pudding and Gravy

Or

Cheese & Potato Pie

Carrots and Cabbage

Iced Carrot Cake



### Tuesday

Meatballs in Tomato Sauce  
with Pasta Twists  
Or  
Vegetable Frittata & Potato Wedges

Mixed Vegetables

Flapjack and Fruit Wedge



### Friday

Crispy Baked Fish Fillet  
Or  
Vegetarian Hot Dog

Oven baked Chips  
Baked Beans  
Garden Peas

Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
Or Fresh Fruit Salad



#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or backed lunch - see schools website for details

For information on allergens & intolerances visit [www.eats-catering.co.uk](http://www.eats-catering.co.uk)

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## Week 2

### Week Two commencing:

12th April 2021, 3rd May 2021, 24th May 2021,  
21st June 2021, 12th July 2021

### Monday

Southern Style Quorn  
Burger in a Bun  
Or  
Vegetarian Sausage Under Wraps  
Baked Potato Wedges  
Peas & Sweetcorn  
Vanilla Crunch Slice

### wednesday

Pork Sausages, Mash & Gravy  
Or  
Vegetable Bean Burger,  
Mash & Gravy  
Sweetcorn & Green Beans  
Chocolate Brownie

### Thursday

Traditional Roast Chicken  
Or  
Cauliflower & Broccoli Bake  
Roast Potatoes  
Carrots and Cabbage  
Toffee Cream Tart

### Tuesday

Italian Baked Chicken  
Or  
Tomato & Cheddar Quiche  
Herb Diced Potatoes  
Carrots and Broccoli  
Lemon Drizzle Sponge  
& Fruit Wedge

### Friday

Baked Fish Fingers  
Or  
Vegan Nuggets  
Oven Baked Chips  
Baked Beans  
Garden Peas  
Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
Or Fresh Fruit Salad

#### Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

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## Week 3

### Week Three commencing:

19th April 2021, 10th May 2021, 7th June 2021,  
28th June 2021, 19th July 2021

### Monday

Neapolitan Pizza  
Or  
Sweet Potato  
& Salmon Fishcake

Herb Diced Potatoes  
& Mixed Vegetables

Iced Sponge Cake

### Wednesday

Chicken in Gravy with a  
Pastry Top  
& Mashed Potatoes

Or  
Mac n' Cheese

Green Beans and Sweetcorn

Chocolate Rice Krispie Cake

### Thursday

Traditional Roast Pork  
Or  
Veggie Toad in the Hole

Roast Potatoes  
Carrots and Cabbage

Raspberry Ripple  
Ice Cream Pot

### Tuesday

Pork & Apple Burger  
with Potato Wedges  
Or  
Vegetable lasagne  
& Garlic Slice

Carrots and Peas

Marbled Cookie  
& Fruit portion

### Friday

Crispy Baked Fish Fillet  
Or  
Crunchy Vegetable Fingers

Oven baked Chips  
Baked Beans  
Garden Peas

Fruity Friday - A choice of  
Fruit Jelly, Fruit Yoghurt  
Or Fresh Fruit Salad

Available every day -

Homemade fresh (wholegrain) bread, a selection of at least three different kinds of fresh salad, extra fruit, cheese & biscuits, flavoured yogurt, strawberry or orange jelly. Some dishes may vary due to individual school preferences, policies and cultural consideration - a number of sites also offer additional options of a jacket potato with choice of fillings & or packed lunch - see schools website for details

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